

Lysterfield and Rowville

# Wellness on Wellington

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|--------------------------------------------------|-----------------------------------------------|--------------------------------------------|----------------------------------------------|
| <input type="checkbox"/> Dr David Ringelblum     | <input type="checkbox"/> Dr Elise Liew        | <input type="checkbox"/> Dr Liang Kim Leow | <input type="checkbox"/> Dr Kirrily Ellerton |
| <input type="checkbox"/> Dr Les Segal            | <input type="checkbox"/> Dr Lona Brown        | <input type="checkbox"/> Dr Rimma Medres   | <input type="checkbox"/> Dr Julia Trayer     |
| <input type="checkbox"/> Dr Mihiri Weerasooriya  | <input type="checkbox"/> Dr Kristina Coniglio | <input type="checkbox"/> Dr Timothy Tai    | <input type="checkbox"/> Dr Joanne Pollott   |
| <input type="checkbox"/> Dr Kateena Vogel        | <input type="checkbox"/> Dr Sarah Bothe       | <input type="checkbox"/> Dr Peter Yee      | <input type="checkbox"/> Dr Isaac Baker      |
| <input type="checkbox"/> Dr Harishan Tharmarajah | <input type="checkbox"/> Dr Danielle Hume     | <input type="checkbox"/> Dr Sarah Hershan  | <input type="checkbox"/> Dr Caroline Nguyen  |

To whom it may concern,

An employee of your business has discussed clearance for Coronavirus (COVID-19) to enable them to return to work.

As of 9<sup>th</sup> March 2020, the guidelines for testing include:

1. Symptomatic return travellers from ANY overseas destination in the last 14 days
2. Symptomatic with contact with a confirmed or suspected case of COVID-19

Testing is also considered for symptomatic patients at high risk to the community e.g. health care workers, in the absence of the above risk factors.

For all others who present with viral symptoms, the current recommendation is to stay at home until they feel well. There are no current recommendations nor the resources to test patients outside of the above criteria in the community.

The guidelines for testing is continuing to change. We encourage all employers to keep up to date with current guidelines that will help assist you in determining which staff members may need to be isolated and sent for testing to ensure the safety of all of your employees. The current guidelines can be found on the Victorian Health Department website at <https://www.dhhs.vic.gov.au/victorian-public-coronavirus-disease-covid-19>.

Prevention is of course the best option, and education regarding proper handwashing techniques, cough etiquette, and minimising hand-to-hand and hand-to-face contact is paramount. It is also recommended by the Health Department to consider influenza vaccination. If you would like more information on providing this for your employees please contact the clinic on 9780 8900.

If you require further confirmation of the above guidelines, there is also a coronavirus hotline available on 1800 675 398.

Regards,

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